

Harmful Ingredients



Your bathroom could be causing you health problems! Well, OK, let's clarify that - the products in your bathroom are the potential hazards. Do you really know what you are putting on your skin? Read on because, at Howe Natural, we strive to inform you of the dangers of the chemicals contained in everyday skin care. It is our goal to help you recognise the dangers and to give you an informed choice.

Petroleum	Petroleum based products do not penetrate the skin but sit on the surface blocking natural respiration, excretion and absorption of nutrients.
Propylene Glycol	A renowned skin irritant that can cause allergic reactions. PG is widely used as antifreeze in dairies and breweries, as a component of automatic brake fluids and in the production of varnishes and synthetic resins.
Sodium Lauryl Sulfate	Potentially, SLS is the most harmful ingredient that is widely used in personal care products. Industrial uses include; garage floor cleaner, engine degreaser and car wash soap, to name a few. Tests show a connection with adult cataracts and it is also a potential carcinogenic.
Collagen and Elastin	Derived from animal skins and ground up chicken feet. Both ingredients are added to cosmetics as a moisturising agent and form films that may suffocate and over-moisturise the skin. They can also cause allergic reactions.
Titanium Dioxide	Titanium dioxide has recently been classified by the International Agency for Research on Cancer (IARC) as an IARC Group 2B carcinogen "possibly carcinogenic to humans". Titanium dioxide accounts for 70% of the total production volume of pigments worldwide. It is widely used to provide whiteness and opacity to products such as paints, plastics, papers, inks, foods, and toothpastes. It is also used in cosmetic and skin care products, and it is present in almost every sunblock, where it helps protect the skin from ultraviolet light
Alcohols	Very drying to the skin.
Aluminium	Found in most <u>deodorants</u> and related to nerve damage and brain disorders such as Alzheimer's disease. Recently linked with breast cancer.
Amylacetate	Highly neurotoxic, a skin irritant and a poison causing central nervous system malfunction and depression when ingested.
Ethylene Oxide	A hazardous and very toxic reactant, classified by the International Agency for Research on Cancer (IARC) as category 2A, probably carcinogenic for humans.
Alpha Hydroxy Acid	An excellent product for removing dead skin cells, BUT it also removes the skin's protective barrier and requires repeat treatments (approx monthly) to achieve that 'face-lift' look. The main problem with removing layers of skin is that you expose yourself to increased dermal penetration from all other chemicals.

Diethanolamine	These three almost unpronounceables are hormone disrupting chemicals that can form cancer-causing nitrates. They are RESTRICTED in Europe!
Monoethanolamine	Creates nice foam in bubble baths, shampoo, shower gels, shaving creams.
Triethanolamine	Repeated use may cause kidney & liver damage as well as impair the vision.
Imidazolidiny	Preservative that can release formaldehyde, which causes skin irritations, ear infections, allergies, headaches, chest & joint pain.
Formaldehyde	(Quaternium-15 and Trioxan and Para formaldehyde). Used as a preservative in cosmetics and skin care products, studies have found this to be a potential human carcinogen. May increase lung cancer, nasal cell cancer and respiratory problems. Found in shampoos, including baby shampoo! Furthermore, we have the delightful knowledge that this solution is used as an embalming fluid!
Triclosan	Found in deodorants, toothpaste, dish detergents and hand soaps. Registered with the EPA as a pesticide, it is suspected of causing cancer in humans. May damage the liver, kidney & lungs. This chemical may be capable of forcing the onslaught of "super bugs" that it cannot destroy.
Methylchloroisothiazolinone	What a beauty - can you pronounce that one? Toxic preservative that will extend the shelf life of commercial products. This is a particularly nasty skin irritant.

Feel free to send us an email if you have come across any 'unpronounceables' that you think we should add to our list

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