

# Massage & Wellness Centre

Full Body Massage	\$80 = 1 hr \$115 = 1½ hr
Back, Neck & Shoulders	\$50 = ½ hr
Aromatherapy Massage	\$85 = 1 hr \$55 = ½ hr
Reflexology	\$75 = 1 hr
Ear Candling	\$12 plus candles
Chakra Balancing	\$45 = ½ hr \$75 = 1 hr
Reiki	\$45 = ½ hr \$75 = 1 hr

*Chakra & Reiki sessions can be combined in a 1 hr session*

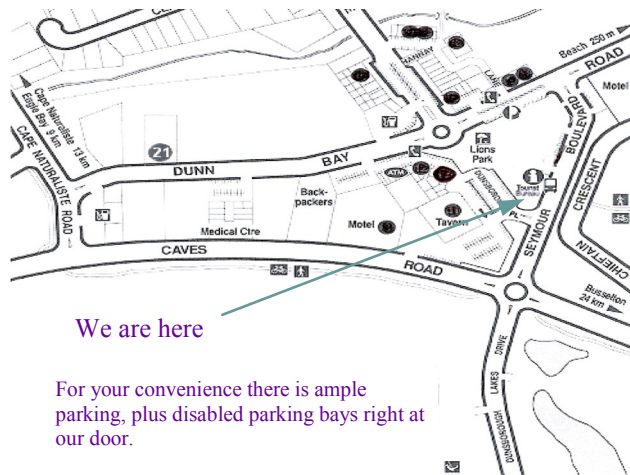
Please telephone for an appointment  
(08) 9756 7076

*PRIVATE HEALTH REBATES  
(FOR ELIGIBLE CLIENTS)*

*Jenny is a fully accredited professional masseuse, Reiki Master and member of the Australian Traditional Medicine Society*

# Howe Natural

Proudly West Australian owned and operated by Jenny & Roger Howe



We are here

For your convenience there is ample parking, plus disabled parking bays right at our door.

Shop 15, Dunsborough Park Shopping Centre, Seymour Blvd  
DUNSBOROUGH 6281  
(next door to Visitor Centre)

**MAIL ORDER AVAILABLE**

Tel: (08) 9756 7076  
sales@howenatural.com  
www.howenatural.com  
Open 7 days



# Howe Natural Dunsborough

Natural Skin Care & Therapies

## Price List

December 2009

Natural, Eco Friendly  
Skin Care Products  
Handmade in Dunsborough

Winners South West  
Small Business Awards 2008  
"Best Family Business"  
"Best Business with Five or Less Staff"  
Finalist GWN Small Business Awards 2008

Eczema & Dermatitis & Psoriasis  
Sensitive Skin & Dry Skin  
Allergies & Reactions  
.....  
Moisturise & Soothe & Nourish

<u>SOAPS</u>	<u>Guest</u>	<u>Full Size</u>	Eye Cream 15 gms	\$16.95	Luxury Bath Salts with Citrus	\$11.95
Lemongrass & Lavender	\$0.70	\$5.95	Cleanser 200 mls	\$14.95		
Rose Geranium	\$0.70	\$5.95	Toner 200 mls	\$16.95	Oatmeal Milk Bath	\$5.95
Sandalwood	\$0.70	\$5.95			Epsom Salts—unscented 500 gms	\$5.50
Lavender	\$0.70	\$5.95	French Clay 90 gms Normal Skin	\$20.95	Bubble Bath 200 mls	\$11.95
Calendula Petal (unscented)	\$0.70	\$5.95	French Clay 90 gms Dry/Mature Skin	\$20.95	Shower Gel 200 mls Lavender	\$11.95
Honey & Oatmeal	\$0.70	\$5.95	French Clay 90 gms Sensitive Skin	\$20.95	Shower Gel 200 mls Citrus	\$11.95
Peppermint & Eucalyptus	\$0.70	\$5.95	French Clay 90 gms Damaged Skin	\$20.95	Shower Gel 200 mls Unscented	\$10.95
Boronia & Wheatgerm	\$0.70	\$5.95	French Clay 90 gms Oily skin	\$20.95		
Patchouli & Poppyseed	\$0.70	\$5.95	Walnut & Almond Facial Scrub 200 gms	\$20.95	<u>MASSAGE OILS</u>	
Cinnamon & Clove	\$0.70	\$5.95	Heavy Duty Hand Scrub with pumice 200 gms	\$20.95	Calming Blend 60 mls	\$13.95
Olive Oil Soap		\$6.50			Uplifting Blend 60 mls	\$11.95
Dog Soap with Neem Oil		\$6.50	<u>BABY CARE</u>		Relaxing Blend 60 mls	\$11.95
Gardener's Soap with Pumice		\$6.50	Baby Lotion 125 mls	\$11.95	Mend Blend 60 mls	\$11.95
Beer in a Bar		\$6.50	Baby Butter 100 gms	\$17.95	Aphrodisia Blend 60 mls	\$12.95
Coconut Soap		\$6.50	Baby Massage Oil 125 mls	\$12.95	Carrier Oil Blend 100 mls	\$9.95
Buttermilk Soap		\$6.50	Baby Soap	\$3.95	Carrier Oil Blend 500 mls	\$19.95
Goat's Milk Soap		\$6.50	Baby Travel Pack	\$22.95	Carrier Oil Blend 1 litre	\$25.95
Neopolitan Soap		\$6.50	Belly Balm—prevents stretch marks for Mum	\$13.95	Carrier Oil Blend 2 litre	\$39.95
Chai Spice Soap		\$6.50	Soothing Nipple Oil 23 mls	\$14.95		
Soap Balls		\$4.00	Baby Bubbles 125 mls	\$10.95	<u>MISCELLANEOUS</u>	
Five Pack Soap (gift wrapped)		\$27.50	Baby Hair & Body Wash 125 mls	\$10.95	Bug Off Insect Repellent 100 mls	\$11.95
Organza Bag of Guest Soaps		\$6.95	Baby Bug Off 125 mls	\$13.95	Healing Calendula Cream 65 gms	\$10.95
Compostable Box of Guest Soaps		\$6.95			Intensive Nail Treatment 15 mls	\$15.95
Shower Scrubs 120 gms		\$7.95	<u>BODY BALMS</u>		Herbal Heat Packs 480 gms	\$18.95
Shower Scrub Refills 480 gms		\$11.95	Sore Muscle Balm 65 gms	\$14.95	Jajoba Oil 23 mls	\$14.95
Drawer Smellies		\$3.95	Eczema Balm 65 gm	\$13.95	Rosehip Oil 23 mls	\$20.95
Liquid Soap 200 mls Lavender		\$11.95	Stings & Bites Balm 65 gms	\$13.95	Uplifting Blend Aura Spray (Citrus)	\$11.95
Liquid Soap 200 mls Citrus		\$11.95	Arthritis Balm 65 gms	\$14.95	Uplifting Blend Cream Perfume (Citrus)	\$12.95
Liquid Soap 200 mls Unscented		\$10.95			Doggy Deodorant	\$10.95
Shampoo & Body Bar (3 Hair Types)		\$6.95	<u>ESSENTIAL OIL BLENDS</u>		Flea Powder with Penny Royal	\$15.95
Hair Conditioner (3 hair types)		\$11.95	Anxiety Blend 10 mls	\$13.95		
<u>MENS' RANGE</u>			Chakra Blend 10 mls	\$16.95	<u>PEACE RANGE</u>	
Men's Hydrating Cream 125 mls		\$11.95	Relaxing Blend 10 mls	\$12.95	Peace Blend Massage Oil 60 mls	\$13.95
Men's Hydrating Cream 250 mls		\$17.95	Uplifting Blend 10 mls	\$12.95	Peace Blend Aura Spray 100 mls	\$12.95
Men's Hydrating Cream 1 litre		\$58.95	Tranquillity Blend 10 mls	\$12.95	Peace Blend Cream Perfume 15 gms	\$13.95
Shaving Soap		\$15.95	Harmony Blend 10 mls	\$10.95	Peace Blend Essential Oil 10 mls	\$13.95
Shaving Brush		\$3.95	Healing Blend 10 mls	\$10.95	Peace Blend Soap	\$6.50
Men's Foaming Liquid Soap		\$12.95	Clarity Blend 10 mls	\$14.95	Peace Blend Liquid Soap	\$12.95
<u>SKIN CARE</u>			Chill Out #1 Blend 10 mls (feminine)	\$10.95	Peace Blend Bath Salts	\$12.95
Sweet Orange Lip Balm		\$6.95	Chill Out #2 Blend 10 mls (masculine)	\$11.95	Peace Blend Shower Gel 200 mls	\$12.95
Grapefruit & Lime Lip Balm		\$6.95	Stress Blend 10 mls	\$10.95		
Hand & Body Cream Pump 270 mls		\$16.95	Recovery Blend 10 mls	\$12.95	<u>FOOT RANGE</u>	
Hand & Body Cream Tottle 125 mls		\$10.95	Calming Blend 10 mls	\$13.95	Foot Blend Massage Oil 60 mls	\$11.95
Hand & Body Cream 1 litre		\$56.95			Foot Fizz	\$5.95
Day Moisturiser 120 gms Dry/Mature		\$29.95	<u>BATH PRODUCTS</u>		Cracked Heel Balm 65 gms	\$13.95
Day Moisturiser 120 gms Normal Skin		\$29.95	Luxury Bath Oil 200 ml Lavender	\$24.95	Tinea Balm 65 gms (Athlete's Foot)	\$13.95
Night Cream 65 gms Dry/Mature		\$18.95	Luxury Bath Oil 200 ml Rose Geranium	\$25.95	Foot Salt Scrub 280 gms	\$14.95
Night Cream 65 gms Normal Skin		\$18.95	Luxury Bath Oil 200 ml Citrus	\$24.95	Foot Blend Moisturising Lotion 125 mls	\$10.95
			Luxury Bath Salts with Lavender	\$11.95		
			Luxury Bath Salts with Rose Geranium	\$11.95		